

# What's on the menu?

**HARRISON**  
food with thought

|                                                                                                      | MONDAY                                                                                                                                                                    | TUESDAY                                                                                                                                                       | WEDNESDAY                                                                                                                                                                        | THURSDAY                                                                                                                                                            | FRIDAY                                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>WEEK ONE</b><br>w/c 31 Aug<br>w/c 21 Sept<br>w/c 12 Oct<br>w/c 02 Nov<br>w/c 23 Nov<br>w/c 14 Dec | Butternut Squash, Spinach & Lentil Lasagne with Chef's Salad<br>Indian Style Vegetable Biryani with Chef's Salad<br>Sweetcorn / Green Beans<br>Apple Crumble with Custard | Piri Piri Chicken with Sweetcorn Rice<br>Sweet Potato & Red Pepper Pattie with Sweetcorn Rice<br>Glazed Carrots / Peas<br>Lemon Shortbread with Orange Wedges | Chicken Sausages with Potato Wedges<br>Vegetarian Sausages with Potato Wedges<br>Savoy Cabbage / Sweetcorn<br>Berry Swirl Sponge Cake with Custard                               | Beef Bolognaise with Penne Pasta<br>Tomato & Basil Penne Pasta with Optional Cheese Topping<br>Broccoli / Carrots<br>Fruit Jelly with Fresh Fruit Slices            | Battered Fish with Tomato Ketchup & Chips<br>Cornish Style Vegetable Pasty with Chips & Tomato Ketchup<br>Peas / Baked Beans<br>Strawberry Yoghurt with Fresh Fruit Slices  |
| <b>WEEK TWO</b><br>w/c 07 Sept<br>w/c 28 Sept<br>w/c 19 Oct<br>w/c 09 Nov<br>w/c 30 Nov              | Italian Style Tomato & Basil Pasta with Optional Cheese<br>Sweet Potato & Chickpea Korma with Rice<br>Glazed Carrots / Green Beans<br>Ice Cream with Fresh Fruit Wedges   | Thai Style Salmon Fish Cake with Potato Wedges<br>Macaroni Cheese with Chef's Salad<br>Broccoli / Sweetcorn<br>Apple Flapjack with Custard                    | Chicken Tikka Massala with Rice<br>Baked Onion Bhaji with Red Bean Dhal & Rice<br>Peas / Cauliflower<br>Wholemeal Lemon Shortbread with Fresh Fruit Slices                       | Cottage Pie with Gravy<br>Wholemeal Cheese & Spinach Quiche with Herby New Potatoes<br>Vegetable Medley<br>Marbled Sponge Cake with Chocolate Sauce                 | Battered Fish with Tomato Ketchup & Chips<br>Chilli Bean Fajita with Chips & Tomato Ketchup<br>Peas / Baked Beans<br>Fruit Jelly with Fresh Fruit Slices                    |
| <b>WEEK THREE</b><br>w/c 14 Sept<br>w/c 05 Oct<br>w/c 26 Oct<br>w/c 16 Nov<br>w/c 07 Dec             | Margherita Pizza with Sweet Pepper Pasta Side<br>Oriental Style Vegetable Stir Fry with Rice<br>Coleslaw / Peas<br>Parsnip & Apple Sponge with Custard                    | Chicken in Barbecue Sauce with Rice<br>Red Pepper & Herb Jambalaya<br>Glazed Carrots / Green Beans<br>Oatmeal Cookie with Fresh Fruit Wedges                  | Chilli Beef Soft Taco with Cheese & Mexican Style Rice<br>Vegetable Bean Soft Taco with Mexican Style Rice<br>Sweetcorn / Broccoli<br>Chocolate Sponge Cake with Chocolate Sauce | Chicken & Sweetcorn Pasta Bake<br>Japanese Style Chickpea & Vegetable Curry with Rice<br>Thyme Roasted Carrots / Green Beans<br>Fruit Jelly with Fresh Fruit Slices | Breaded Fish Fillet with Chips & Tomato Ketchup<br>Cornish Style Vegetable Pasty with Chips & Tomato Ketchup<br>Peas / Baked Beans<br>Pear & Chocolate Crumble with Custard |

Available daily: Freshly Prepared Salad Selection, Freshly Baked Bread, Jacket Potato with Various Fillings, Yoghurt & Fresh Fruit Platter



Look out for monthly featured ingredients.



## Whitehall Park School

### About Your Catering Service

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

### What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry.

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

### Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: <https://www.harrisoncatering.co.uk/food-allergies-food-intolerances>

### Talented Catering Team

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well® training programme.

### Universal Infant Free School Meals (UIFSM) Key Stage 1

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

### Free School Meal for Key Stage 2

The Mayor of London initiative, offers a free school meal to all pupils in Key Stage 2, regardless of income. This is for 2 academic years from September 2023.

### We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

### Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit [www.harrisoncatering.co.uk](http://www.harrisoncatering.co.uk)



We use responsibly sourced ingredients when available and in season.